Editor’s comments:

Dear Subscribers,

Welcome to our March issue of the Engaging Aging e-newsletter! As always, we have included multidisciplinary perspectives/resources on aging from fields such as nursing, social work, medicine, optometry, elder law, policy/health advocacy, and the arts.

On logistics: If for some reason a link does not work, copy and paste the address into your browser. Also, a reminder, if you are interested in posting and/or receiving jobs in aging announcements, please read the details at the end of this newsletter. (Suggested donation amounts are also included.)

Note, deadline for April submissions: If you have content for the April newsletter (e.g., upcoming conferences; seminars), please email me at jisrael@berkeley.edu by April 22, 2011.

As always, our deepest gratitude to all who donate to us! Your support is essential for continuation of our e-newsletter, CA Jobs in Aging Board, and educational offerings.

All the rain has brought us amazing green hills and wild flowers... enjoy the Spring!

Jill Israel, RN, Publisher/Editor
Contributor/Coeditor: Desi Owens, MS, MSW, LCSW, Campus Planner & Academic Coordinator;
Contributor: Guy Micco, MD, Director

UC BERKELEY RESOURCE CENTER ON AGING: FEATURED HAPPENINGS

• Counter Culture: The American Coffee Shop Waitress presentation

Final reminder that our UCB Resource Center on Aging will be hosting an event with guest speaker, Candacy Taylor, an award-winning photographer, writer, visual artist, and former waitress. The event will be held on Thursday, April 14, from 5:00 - 7:00 pm in Stephen’s Hall, RM 470. The presentation will highlight Candacy Taylor’s

To subscribe to this newsletter: mailto: jisrael@berkeley.edu with “subscribe newsletter” on the subject line.
thoughtful and compelling book: *Counter Culture: The American Coffee Shop Waitress*. For further details (and a great image from her book), visit: [http://socrates.berkeley.edu/~aging/Eventshomepg/CampusRelated/counter%20culture%20poster_22March2011-UCBweb.pdf](http://socrates.berkeley.edu/~aging/Eventshomepg/CampusRelated/counter%20culture%20poster_22March2011-UCBweb.pdf)

As always, please forward this announcement to your colleagues who might be interested. Note: RSVP to Desi Owens, event organizer, at (desiowens@berkeley.edu); space is limited! There is no cost to attend and refreshments will be served. We thank our wonderful co-sponsors/collaborators: Age Song Senior Communities; Living Well; The UCB Program for the Medical Humanities; and The UCB Extension.

- **CA Jobs in Aging Board**
  We have continued to receive an enthusiastic response from our subscribers about this informational service, and are pleased to be able to offer it! **Note: it is important that you remain a subscriber to our jobs in aging listserv to receive key updates regarding the Jobs Board.** Please remember, if you would like to help us sustain this resource, consider making a donation through our online donation option (noted below), or by mailing a check. **Further details about how to post positions, receive daily job updates, and suggested donation amounts/instructions, are at the end of this newsletter.** Here is the link to our user-friendly Jobs Board: [http://jobsinaging.easyjobboards.com](http://jobsinaging.easyjobboards.com). If you need assistance, email Desi Owens, the Center’s Campus Planner, at: desiowens@berkeley.edu.

- Are you a UCB graduate or undergraduate student, alum, or affiliate, who would like to be on our **Students in Aging listserv**? All disciplines are welcome. If so, please visit: [http://socrates.berkeley.edu/~aging/SIApage.html](http://socrates.berkeley.edu/~aging/SIApage.html)

- **Center’s Website:** Please remember to visit: [http://socrates.berkeley.edu/~aging/index.html](http://socrates.berkeley.edu/~aging/index.html). We update content as our resources allow. To suggest an aging-specific, *educational* website for our web administrator to consider, please email Desi Owens at desiowens@berkeley.edu.

- **On-Line Donation Option** to support Center activities: [http://socrates.berkeley.edu/~aging/support.html](http://socrates.berkeley.edu/~aging/support.html). If you prefer to mail a check, detailed instructions are below.

- **Resource Center on Aging– March Library Additions**

  - Health Policy Research Report: The Health of Aging Lesbian, Gay, and Bisexual Adults in California
There are a number of normal changes that occur within the eye as people age. While they are at times certainly inconvenient, as long as they are not accompanied by ocular diseases (e.g., diabetic retinopathy, glaucoma, age-related macular degeneration), there are often simple steps that can be taken to lessen the impact of these changes so that most older adults are capable of enjoying good vision throughout life.

The main structures affected by age include the pupil, the lens, and the retina (the light-sensing tissue within the eye). Probably the most commonly known change that occurs with age is the need for glasses to see objects up close. This occurs because the lens inside the eye becomes less flexible with age, making it incapable of focusing on near objects. This loss of focusing ability is called presbyopia. It explains why many people who are 40 years or older and never needed glasses now need reading glasses, or people who are naturally near-sighted now have to remove their glasses in order to see objects that are near.

Aging also causes a reduction in the eye’s ability to adapt to sudden changes in illumination. While part of this is due to the pupil size getting smaller with age, a second yet significant change with age is that the retina loses its ability to adapt as quickly to sudden changes in illumination. The net result is that when older adults go from a very bright environment (outside on a sunny day) to a darker environment (inside a theater), the eyes take a longer time to adjust to the sudden difference in lighting. Ways to minimize the amount of time required to adapt to changes in illumination include avoiding large changes in light level, such as by wearing sunglasses when outside and removing them when entering a dimly lit environment.

A third change that occurs in the eye with age is the formation of cataracts. A cataract is a condition in which the lens inside the eye becomes less transparent. Some cataracts are linked to exposure to high levels of ultraviolet light, others to certain diseases (e.g., diabetes mellitus) and still others to some medications, but one of the most common types of cataracts is simply related to older age. When someone has a significant cataract, the effect can be similar to looking through a dirty window. Objects may appear blurry and subtle colors may be difficult to appreciate. This decreased sensitivity to color variations can be troublesome when, for example, one can’t appreciate the subtle changes in color that occur between the sidewalk and the curb, or the individual steps in a stairwell,
potentially causing an older adult to misstep. Cataracts can also cause an increased sensitivity to glare. Whereas most of us have experienced the discomfort of glare when confronted with high levels of illumination, such as the high-beam headlights of oncoming cars at night, older adults with cataracts can find this situation so visually debilitating that they may be unable to see objects around the glare. There are a number of actions that may be taken to compensate for vision changes associated with cataracts. In the early stages of cataract formation, simply updating the eyeglass prescription more frequently can help keep objects appearing clear. Some people find anti-reflective coatings on spectacle lenses help. Objects that have subtle color differences may be made more visible by increasing ambient lighting or, in the instance of stairs, using darkly colored tape to make the edge more visible. Of course, if the cataract becomes severe enough, surgery to remove the lens and replace it with an artificial implant is a very common and successful option as well.

A final normal change in vision that occurs with age, is that older adults need a much greater amount of light to function optimally. Indeed, studies have shown that for a given amount of light, a typical 60-year-old’s retina receives only about 1/3 as much illumination as the retina of a 20-year-old. This change is likely due to a combination of the pupil’s tendency to get smaller with age, the lens developing cataracts, and neural changes in the retina. Of course providing a brighter source of light needs to be done in a way that doesn’t cause excessive glare. This can be accomplished by using indirect illumination (i.e., not shining directly into the eyes) from a full-spectrum (white) light source.

In summary, while age affects the pupil, the lens, and retina, once one is aware of these changes, small adaptations can be made to compensate for them that will allow the average older adult to function quite well visually throughout life.

**A New (Wrinkled) Face for the Women’s Movement**

by Joanna Weinberg, J.D., LL.M., Associate Adjunct Professor, UCSF Institute for Health and Aging, and Adjunct Professor, Hastings College of Law

Aging has become a gendered issue. Despite civil rights legislation and court decisions, women continue to experience wage gaps across the life course, have greater rates of poverty than do men, and lower retirement benefits. Social Security provides women— and particularly women of color— with a large proportion of their income as they age— not just retirement income, but income from retirement or death of a spouse. They also frequently become more dependent on the state and its safety net programs (Medicare, Medicaid and social security) as they age, as they live longer, and during widowhood; associated spend-downs in economic resources occur at the same time as their health begins to decline. Older women live longer, and are more likely to have multiple chronic conditions. However, studies show that Medicare provides better coverage for illnesses that predominate among men than for those that predominate among women (Sofaer and Abel,
Older women's health and financial vulnerability: implications of the Medicare benefit structure, thus they bear the brunt of limitations in Medicare coverage (National Partnership for Women and Families, 2011). Women also provide most of the paid and unpaid care for the elderly in public, private, and family settings. Because they receive fewer economic resources for their own work than men, they often rely on smaller or nonexistent pensions. The burden of care for the elderly (both women and men) rests more heavily on women, many of whom are themselves elderly.

There has been an assumption that older women have “aged out” of the women’s movement. The Old Women’s Project has commented that in the ‘60s and ‘70s, a powerful movement of young women made women’s issues visible. While most of the focus was on issues important to younger women, women like Bella Abzug stayed active in the women’s movement until well into their 70’s. The Old Women’s Project pointed out that attitudes towards old women have been frozen in time. The assumptions and stereotypes about us are almost exactly the same as attitudes were towards younger women in the 1950s.

But women’s organizations focusing on issues unique to older women have created a third wave of the women’s movement. Grassroots organizations such as the Older Women’s League (http://www.owl-national.org) and the Old Women’s Project (http://www.oldwomensproject.org/index.htm) are playing a key role in formulating national policies on aging, and in preserving the concerns of mid-life, older, and disadvantaged women.

The median income in the U.S. for men over 65 is $29,171. The median income for women over 65 is $15,615. Globally, 70% of the world’s poor are women, and old women are the poorest of the poor. The Older Women’s League addresses the economics of women’s aging, as well as other issues of social policy. The Old Women’s Project works to change attitudes. Both, of course, are necessary to effectively empower older women.

**California Senior Legislature**

by Shirley Krohn, Senior Assembly Member, California Senior Legislature Representing Contra Costa County, [http://www.4csl.org/](http://www.4csl.org/); skrohn9520@aol.com

As a senior assembly member with the California Senior Legislature, you never know when a proposal you have worked on or authored will be picked up by a legislator in Sacramento. This press release describes a Bill picked up by Senator Wolk that I worked on with many ombudsmen leaders in the state—truly a collaborative effort and one that I am very proud of. The battle is just beginning on whether or not the governor will sign this into law. Plus work continues on the actual language contained in the Bill. But I am hopeful, and so are the many colleagues who worked with me on this effort.
Senator introduces bill to strengthen protections for elderly

*Provides autonomy for state office that protects, advocates for long-term care residents*

SACRAMENTO-Senator Lois Wolk (D-Davis), a longtime advocate for the protection of seniors in California, introduced legislation this week to strengthen the state ombudsman program that works to protect residents in long-term care facilities.

"Senate Bill 345 works to provide more independent and cost-effective advocacy for seniors living in long-term care facilities who are among the most vulnerable citizens of California," said Wolk. "Our long-term care residents and local ombudsmen look to the state long-term care ombudsman for leadership. The bill will create the autonomy necessary for ombudsmen to fulfill their duties effectively."

The duties of the state's long-term care ombudsman include investigating long-term care resident complaints, protecting the legal rights of residents, and publicizing issues of importance to residents. Currently, the state ombudsman is a politically-appointed position overseen by the Department of Aging, leading to concerns regarding the ombudsman's freedom to speak out on issues affecting long-term care residents.

For example, in recent years, when investigations of resident complaints fell several years behind, the state ombudsman failed to speak out on the unreasonable delays. Unfortunately, some residents died before their complaints were ever examined.

Wolk's measure would address these concerns by restructuring the ombudsman's office into a new independent nonprofit entity, giving the new ombudsman's office the complete autonomy needed to speak out effectively on behalf of resident concerns -- a model that has proved successful in several states such as Colorado and Washington. Wolk notes that a non-profit entity could receive federal funding while being able to leverage external sources of funding. This would allow the program to provide more effective services while reducing pressure on the state General Fund.

The bill would also establish guidelines to ensure the nonprofit organization is capable of carrying out the responsibilities outlined under federal law.

"A completely independent California state ombudsman office is confirmed by research and evidence as the best and most effective model for a state ombudsman office," said Sylvia Taylor-Stein with the Committee for an Independent State Ombudsman Office (CISO), the advocacy group that is sponsoring the bill. "Several states, having seen the value of such a model for long-term care residents, no longer house their Ombudsman program within state government."

"Federal law requires the state ombudsman to speak out on all issues that affect long-term care," Wolk said. "It is important that we establish the proper organizational structure to allow the state ombudsman to fulfill their legal duties and avoid conflict of interest."
DIRECT PRACTICE PICKS OF THE MONTH

- March is Social Work Month! Practice Standards with Family Caregivers of Older Adults

- Investing in California’s Direct Care Workforce by Increasing Geriatric Training Opportunities
  http://www.thescanfoundation.org/grants-rfps/direct-care-workforce

- On Delirium in ICUs
  http://www.mc.vanderbilt.edu/icudelirium/index.html

- Aging with Grace: In-home Assessments Lead to Better Care, Lower Health Costs

AGING IN THE MEDIA

- For Women, Age Often Brings Isolation
  http://newoldage.blogs.nytimes.com/2011/03/03/for-women-often-age-brings-isolation/

- If Mickey Rooney Is an Elder Abuse Victim, Who's Next?

- In Tsunami's Wake, Tough Choices For Japan's Elderly
  http://www.npr.org/2011/04/06/135160752/in-tsunamis-wake-tough-choices-for-japans-elderly

- When Dementia Drains the Pocketbook

- Aging Without Children

- Paul Ryan’s Radical Plan to Reform Medicare Not So Radical
RESEARCH-RELATED PICKS

- Management of COPD: Lets Just Pretend Older Patients Don't Exist

- Simple Rules for Better Sleep

- Aging Alone: Older Lesbians, Gays Have Higher Rates of Chronic Disease, Mental Distress, Isolation

- Reliable? Heart Studies Often Exclude the Elderly

WEB HIGHLIGHTS—SELECTIONS OF THE MONTH

- For Elderly, Echoes of World War II Horrors

- Preparedness Resources for Long-Term, Acute, and Chronic-Care Facilities
  http://emergency.cdc.gov/healthcare/longterm.asp

- Report Says Nearly 15m Help Care for Alzheimer’s Patients

- When Abuse of Older Patients Is Financial
  http://www.nytimes.com/2011/03/03/business/retirementspecial/03ABUSE.html

ELDER VOICE: RELATED RESOURCES

- Grandparents on a Mission
  http://www.aarp.org/relationships/grandparenting/info-03-2011/grandparent-advocates.html

- Green House Project Named as Decade’s Top 10 Senior Design Innovations
  http://www.thegreenhouseproject.org/news/inthenews/g1be
• AARP Bulletin on Green House Homes
  http://www.aarp.org/relationships/caregiving/info-01-2011/green_house_homes_a_model_for_aging_that_promotes_growth.html

PALLIATIVE CARE

• “Speak Up”
  http://www.advancecareplanning.ca/home.aspx

• Palliative Care Consultations: An Answer to Medicaid's Woes
  http://www.geripal.org/2011/03/palliative-care-consultations-answer-to.html?
  utm_source=feedburner&utm_medium=email&utm_campaign=Feed%3A+Geripal+%28GeriPal%29

• Guideline on the Assessment and Treatment of Delirium in Older Adults at the End of Life
  http://ccsmh.ca/pdf/guidelines/NatlGuideline_DeliriumEOLC.pdf

• A Matter of Life-and-Death: The Ethics of End-of-Life Care
  utm_source=feedburner&utm_medium=email&utm_campaign=Feed%3A+Geripal+%28GeriPal%29

• Use of Advance Directives in Long-term Care Populations, National Center of Health Statistics: http://www.cdc.gov/nchs/data/databriefs/db54.pdf

• Moving Beyond Paradigm Paralysis: American Indian End-of-Life-Care

GRANT OPPORTUNITY

The Arthritis Foundation, Northern California Chapter (AFNC) is pleased to announce the availability of funds through the 2011 Andrew and Gloria Guasch Memorial Community Care/Patient Education Grant Program. The purpose of this funding is to improve quality of life for underserved communities by making AF’s proven physical activity programs available to low-income individuals for free. AFNC invites proposals from organizations interested in offering free classes of any of the following AF programs: Arthritis Foundation Exercise Program®, Arthritis Foundation Aquatic Program®, Arthritis Foundation Tai Chi Program® or the Arthritis Foundation Walk with Ease Program®. There will be 12 awards of $3,000 each. Applicants must be nonprofit organizations or public agencies in any of AFNC’s 16 county service area (Alameda, Contra Costa, Del Norte, Humboldt, Lake, Marin, Mendocino, Monterey, Napa, Solano, San Benito, San Francisco, San Mateo, Santa Clara, Santa Cruz and Sonoma). To obtain a copy of the
Funding Announcement/Request for Proposals, please visit http://www.arthritis.org/chapters/northern-california/grants-programs.php.

EVENTS

Bay Area and California:

- **Senior Cohousing Facilitation Workshop**, April 11-15, 2011
  http://www.cohousingco.com/upcoming-events.cfm

- Please mark your calendar for *"What's Hot in Aging Research at USC,"* sponsored by the USC Davis School of Gerontology and the Office of the Vice Provost for Research Advancement. This second annual conference is a one day event that will bring you up to speed on some of the latest and most interesting research happening at USC in the field of aging. The event will be held on Thursday, April 20, from 8:30 am to 4:00 pm. Lunch will be served. Additional information will be forthcoming. To RSVP, please contact Maria Henke at mhenke@usc.edu as seating is limited.

- **Aging Services of California’s Annual Conference and Exposition. Aging Services Evolved: Honoring the Past... Inspiring the Future**, May 2-4, 2011. Marriott Hotel and Monterey Conference Center, Monterey, CA. See: www.aging.org; or call 916-392-5111

- **CONSUMER FRAUD: Scams Targeting Seniors with Tips for Protection and Prevention.** This is a FREE workshop by members of Legal Assistance for Seniors. This program is for older adults, their family members, and service providers. No reservations are required and refreshments will be provided. The program times start at 1:30 p.m. and conclude about 3 pm. The locations and dates are:

  - Wednesday, April 20 – San Lorenzo Library
    395 Paseo Grande    510-670-6283

  - Thursday, April 21 – Dublin Library
    200 Civic Plaza    925-828-1315

  - Thursday, May 5 – Albany Library
    1247 Marin Ave.    510-526-3720

  - Tuesday, May 17 – Newark Library
    6300 Civic Terrace Ave.    510-795-2627

  - Thursday, May 19 – Castro Valley Library
    3600 Norbridge Ave.    510-667-7900

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- Wednesday, June 8 – Union City Library
  34007 Alvarado-Niles Rd.  510-745-1464

- Wednesday, June 15 - Fremont Main Library
  2400 Stevenson Blvd.   510-745-1401

Programs are FREE. No reservations required. Refreshments provided. Library is wheelchair accessible. To request accommodation for library-sponsored events, contact the branch library at least 7 working days prior to the event.

- **The Fourth Annual Art of Aging Gracefully**
  Women’s Resource Fair, Tuesday, April 26, 2011
  Enjoy an up-beat, informative day promoting active and creative aging. Connect to opportunities, creativity and challenges for this phase of life. Engage with a community of non profit organizations and businesses dedicated to successful and positive aging.
  Seminars:  9:30 am – 2:45 pm
  For more information, visit the Jewish Community Center of San Francisco website: [http://www.jccsf.org/programs/adult-prog-con/the-art-of-aging-gracefully/](http://www.jccsf.org/programs/adult-prog-con/the-art-of-aging-gracefully/)

- The Art of Aging Gracefully continues at the JCCSF:
  **The Art of Aging Gracefully on Film - Legacy Film Festival on Aging**
  View a group of short, thought provoking films along with a lively discussion.
  Friday, April 29, 2011, 1:00 – 2:30 pm. The event is free.

  Advance registration appreciated. To register please call 415-292-1200
  For more information contact Shiva Schulz at: sschulz@jccsf.org or 415-292-1260

- **A Pre-Event of the Aging in America Conference, San Francisco:** The Faith Community’s Role in the Silver Tsunami, April 25, 1:00 - 5:00 pm
  [http://events.r20.constantcontact.com/register/event?llr=qb8sqvdab&oeidk=a07e334p9w8181681e8](http://events.r20.constantcontact.com/register/event?llr=qb8sqvdab&oeidk=a07e334p9w8181681e8)

- **Aging in America**
  What: 2011 ASA Aging in America Conference
  Who: American Society on Aging
  When: April 26-30, 2011
  Where: San Francisco, CA
  URL: [www.agingconference.org](http://www.agingconference.org)

To subscribe to this newsletter: mailto: jisrael@berkeley.edu with "subscribe newsletter" on the subject line.
OFF THE BEATEN PATH…

In Praise of Craziness of a Certain Kind
by Mary Oliver

On cold evenings
my grandmother,
with ownership of half her mind—
the other half having flown back to Bohemia—

spread newspapers over the porch floor
so, she said, the garden ants could crawl beneath,
as under a blanket, and keep warm,

and what shall I wish for, for myself,
but, being so struck by the lightning of years,
to be like her with what is left, that loving.

—from New and Selected Poems: Volume Two

- Adding to Income by Caring for Pets That Aren’t Yours
http://www.nytimes.com/2011/03/03/business/retirementspecial/03PETS.html

Please Note: The deadline to submit events, etc. for our April 2011 newsletter is April 22; you will receive this issue at the end of the month.

To view a pdf document, you will need the Adobe® Acrobat® Reader available free from Adobe at: http://www.adobe.com/products/acrobat/readstep2_allversions.html If for some reason a link does not work, copy and paste the address into your browser.

Please Note: Due to anti-spam filters on some e-mail services, many messages are blocked or deleted. Please add lists@berkeley.edu to your e-mail system's "safe" list of senders to ensure receipt of our messages.

If a colleague has forwarded this newsletter to you, why not get the newsletter directly? A reminder that our Center offers three subscription options: 1) CA Jobs in Aging posts/listserv
only; 2) our monthly electronic newsletter only; or 3) both the CA jobs in Aging posts (via our listserv/Jobs in Aging Board) and our monthly e-newsletter. Jill Israel, RN, is the contact for ALL subscriptions (jisrael@berkeley.edu). Please note “subscribe” in the subject heading with your preference, that is, if you haven’t already subscribed. (Also, to remove your email address from our listings, please note “unsubscribe” in the subject heading of your email.)

Jobs in Aging Board Information

Note: it is important that you remain a subscriber to our jobs in aging electronic mailing list to receive key updates regarding the Jobs Board. Here is the link to our user-friendly Jobs Board: http://jobsinaging.easyjobboards.com

Remember, we are requesting that you now post your own positions. Jobs will remain on the board for approximately one month unless you request an extension. IF you wish to receive daily updates on job postings, please scroll to the end of the jobs board page and sign up! You will notice an option called “get job updates”; to activate this feature, enter your email address.

How to Post
The following details should significantly lessen the learning curve!

To submit a new job post:
Click on the green plus sign with “submit a job” on the right side of the homepage.

There are several fields to complete, such as “job title” & “location.” Under the “contract type” options, if none apply, select “other.” The “hours” field is optional.

At a minimum, please include the following in the “description” box:
- A detailed job description
- Name and address of company where job is located, and url and/or background information about your organization
- Contact person including name, phone number and/or email address

IMPORTANT: to mitigate formatting problems in the “description” box, copy and paste your job summary from a Word document or Text Edit to the “description” box without text enhancements (e.g., bulleted, bolding, etc.). If desired, do wait to bold, underline, and/or italicize content until you have already entered all information in the box; icons are available should you wish to do this.

If you do not have information for an “optional” field, leave it blank.

Next, type in the requested words in the security box and click on the “post” button. Your post will be sent to the jobs administrator for review; if complete, it will be approved and posted as soon as possible. If we need additional information or have questions, we will contact you.

To subscribe to this newsletter: mailto: jisrael@berkeley.edu with ”subscribe newsletter” on the subject line.
Also, remember to enter your name and email address in the appropriate text boxes below the “description” box so that we can contact you if needed.

If you guidance, please contact Desi Owens at: desiowens@berkeley.edu

Postings in this newsletter and on the CA Jobs in Aging Board are for informational purposes only and do not constitute endorsement by the Resource Center on Aging or the University of California. Please do not contact the UCB Resource Center on Aging about content posted/included. Contact the provider directly. Thank you.

Donations
The newsletter and jobs lists are complimentary services of the UC Berkeley Resource Center on Aging. Please consider making a donation to support this work. Suggested amounts:
$10-$15.00 a year for newsletter
$10 a year for job listings
$20 a year for both
$20 per job posting
$10 per newsletter posting
We appreciate all donations, large or small. Our monthly e-newsletter and jobs in aging posts will continue through our fiscal year, June 2011; there will be no newsletter or job posts in July and August 2011. We will resume both services in Fall 2011 (contingent upon funding). Thank you!
New Online donation option: http://socrates.berkeley.edu/~aging/support.html

Please mail checks to: Resource Center on Aging, C/O Desi Owens, 50 University Hall, MC 7360 Berkeley, CA 94720

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